

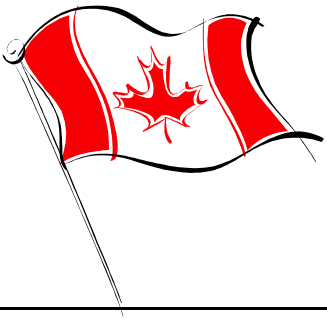
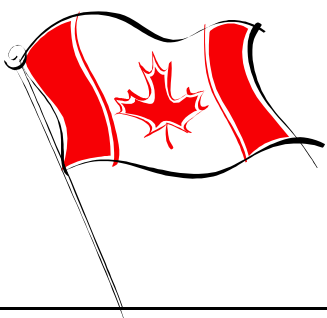


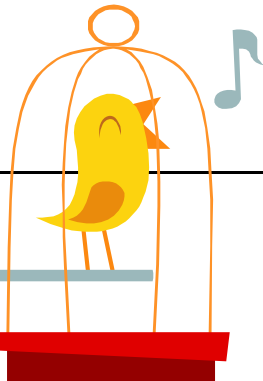
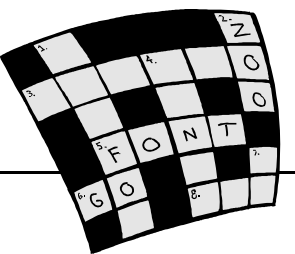



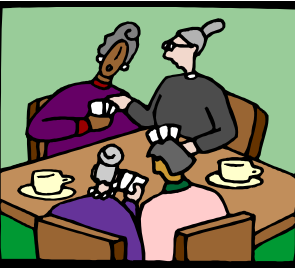

# RECREATION CALENDAR

# July

# 2010

# Upper

# Terrace

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>12:00 CANADA DAY BBQ / Lower Terrace</b> 	2 10:00 Fun & Fitness 10:45 News & Views	3 10:00 Pet Visits 11:00 Manicures
4 10:00 Tea & Coffee 10:30 Singalong 	5 10:00 Coffee & Tea 10:15 Piano with Lori 11:15 Crosswords 	6 10:00 Fun & Fitness 10:45 Trivia 1:45 Pet Visits <b>2:30 Strawberry Party at the Lodge</b>	7 10:00 Coffee & Tea 10:30 Fitness 12:30 Care Conference 1:45 Evangelical Church 3:00 Puzzles 4:00 Piano with Nicole	8 10:00 Fitness 10:45 1:1 Visits 11:00 Staff Meeting 2:30 Music Therapy 3:45 Piano with Melissa	9 10:00 Fun & Fitness 10:45 News & Views 	10 10:00 Coffee & Tea 10:30 Creative Expressions
11 10:00 Tea & Coffee 10:30 Singalong 2:30 Hymn Sing	12 10:00 Coffee & Tea 10:15 Piano with Lori 11:15 Crosswords <b>1:30 Bus Outing</b>	13 2:30 Music Therapy 	14 10:00 Coffee & Tea 10:30 Fitness 12:00 Lunch music / Gail <b>2:30 Glen Stevenson</b>  4:00 Piano with Nicole	15 10:00 Fitness  10:45 1:1 Visits 2:00 Manicures 3:45 Piano with Melissa	16 10:00 Fun & Fitness 10:45 News & Views	17 10:00 Pet Visits 11:00 1:1 Visits 
18 10:00 Tea & Coffee 10:30 Singalong	19 10:00 Coffee & Tea 10:15 Piano with Lori 11:15 Crosswords 	20 10:00 Fun & Fitness 10:45 Trivia 1:45 Pet Visits 2:30 Music Therapy	21 10:00 Coffee & Tea 10:30 Catholic Mass 10:30 Fitness 11:00 Staff Meeting 3:00 Puzzles 4:00 Piano with Nicole	22 10:00 Fitness 10:45 1:1 Visits 1:00 Staff Meeting 2:30 Music Therapy 3:45 Piano with Melissa	23 10:00 Fun & Fitness 10:45 News & Views	24 10:00 Coffee & Tea 10:30 Fun & Games
25 10:00 Tea & Coffee 10:30 Singalong	26 10:15 Piano with Lori 	27 10:00 Coffee & Tea <b>10:30 Lorraine Smith</b> 1:45 Pet Visits 2:30 Music Therapy	28 10:00 Coffee & Tea 10:30 Fitness 12:00 Lunch music / Gail 3:00 Puzzles 4:00 Piano with Nicole	29 10:00 Fitness 10:45 1:1 Visits 1:00 Staff Meeting 2:30 Music Therapy 3:45 Piano with Melissa	30 10:00 Fun & Fitness 10:45 News & Views	31 10:00 Pet Visits 11:00 Manicures